

We would like to thank the following for their kind support of our event:



Sportpark Loherhof



St. Elisabeth Op.

Volksbank Heinsberg



*Kleiderkammer
Geilenkirchen*



**Allgemeiner Turnverein (ATV)
1927 Geilenkirchen e.V.**

Invitation and announcement

20th Geilenkirchen Cross Country Run

**07. November 2026
in the Teveren Heide**



Cross Country Info

Registration:	until 04 November 2026: Email: Online: www.atvgeilenkirchen.de Post: ATV Geilenkirchen Postfach 1310 52503 Geilenkirchen
Late registration:	up to 45 minutes before each competition possible for an additional fee of € 1.00
Fee:	1050 m € 2,50 2300 m € 2,50 4600 m € 4,00 9200 m € 6,00
Start and place:	12.30 p.m. Start and finish is at the car park in Grotenrath (Teverener Heide)
How to reach us:	From Aldenhoven: B56 to the Geilenkirchen/Teveren/ Nato Air Base exit. From Heinsberg: B221 to exit Geilenkirchen/Teveren/ Nato Air Base, from there follow the orange signs
Awards:	Each participant who reaches the finish line will receive a certificate. Non-cash prizes will be awarded according to the organizer.
Hints:	Reference is made to the "German Athletics Regulations (DLO) of the German Athletics Association (DLV)".

We wish all participant's good luck

Competitions and Schedule

Start	Classes	Vintage	Stretch	Hints
12.30 12.45	M/F U8 M/F U10 M7/M6 F7/F6 Children M9/M8 F9/F8	2019 - 2020 2019 - 2020 2021 and younger 2017 - 2018 2017 - 2018	approx. 1,050 m	1 small round
13.00	M/F U12 M11/M10 F11/F10	2015 - 2016 2015 - 2016	approx. 1,050 m	1 small round
13.15	M/F U14 M/F U16 M13/M12 M15/M14 F13/F12 F15/ F14	2013 - 2014 2011 - 2012 2013 - 2014 2011 - 2012	approx. 2,300 m	1 large round
13.45	M/F U18 M/F U20 M/F U23 M/F FJ U18 FJ U20 MJ U18 MJ U20 M U23 In U23 M F Seniors(M) Seniors(F)	2009 - 2010 2007 - 2008 2009 - 2010 2007 - 2008 2004 - 2006 2004 - 2006 1997 - 2006 1997 - 2006 1996 and older 1996 and older	approx. 4,600 m	2 large rounds
14.15	M/F U23 M/F M U23 In U23 M F Seniors(M) Seniors(F)	2004 - 2006 2004 - 2006 1997 - 2006 1997 - 2006 1996 and older 1996 and older	approx. 9,200 m	4 large rounds